

Directions

We're located in the office complex across the street from McDonalds on Rt. 6 in Tunkhannock, PA

Seminars in Tunkhannock are held in the Lane Wellness Center on Rt. 29 just north of Tunkhannock next to Mr. Z's supermarket. Drive around back and enter there.

To Our Clinic:

From Wilkes-Barre and Dallas: Take Rt. 309 North to Rt. 29 North. Cross the Susquehanna river bridge in Tunkhannock and continue through the first light to the second light in the center of town. Turn left onto Rt. 6/Tioga street. Our office is on the right side after 1 mile. You'll turn right into our parking lot soon after passing the McDonalds restaurant which is on your left.

From Pittston: Take Rt. 92 North. At the first traffic light (on the edge of Tunkhannock), go straight across the Tunkhannock Creek bridge. At the stop sign turn left onto Rt. 6 local/ Tioga street. At the traffic light in the center of Tunkhannock stay straight. After one mile you'll turn right into our parking lot, just after passing McDonald's on the left.

From Scranton and Clarks Summit: Take Rt. 6 West to Tunkhannock. As you enter Tunkhannock, stay to the right for Rt. 6 business/Tioga Street. At the first traffic light in the center of Tunkhannock stay straight. After one mile you'll turn right into our parking lot, just after passing McDonald's on the left.

From Rt 6 North: If you're traveling south on Rt. 6 from points north, you'll stay to the left as you enter Tunkhannock on Rt. 6 Business/Tioga Street. You'll go straight at the first traffic light, and soon after it you'll turn left into our parking lot. We're before the McDonald which you'll see on the right.

From Points South traveling North on Route 81: After the Wilkes-Barre exits you'll come to the Pittston-Dupont exit. Exit to the right and stop at the bottom of the ramp. Get immediately into the left lane on Rt. 315 and turn left at that first traffic light onto Oak street. You'll go straight through the next light you encounter and continue another mile until you come to the second traffic light at a "T". You'll turn right onto the four-lane Pittston bypass (Rt. 11). At the next traffic light (1 mile) you'll take a sharp left turn onto Williams street which you will stay on for about a mile down into Pittston. At the next traffic light you'll turn right on to Main street. After a few hundred yards you'll turn left across a low concrete bridge over the Susquehanna river. After you get off the bridge you'll bear to your right onto Rt. 92 North--look for the sign to know you're on the right street. You'll stay on this road for 13 miles. You'll cross the Susquehanna river again in Falls and turn left to stay on Rt. 92N. Follow directions from Pittston as above. From the Northeast extension of the PA Turnpike: Exit at the Wyoming Valley Interchange and follow the signs to Route 315 South-Wilkes-Barre. You will merge onto Route 315 South and turn right at the first traffic light onto Oak Street. Follow directions from Oak Street as given for Route 81 above.

From Points North traveling South on Route 81: Get off at the Clarks Summit exit. Follow signs to Route 6 West. You'll merge onto Rt. 6 and follow it through Clarks Summit and on to Tunkhannock. See directions from Clarks Summit above.

After your Visit:

From our clinic to the Winola Pharmacy: Turn left out of the parking lot onto Rt. 6 West/Tioga Street. Go straight at the first light in the center of town. After 1/2 mile turn right onto Rt. 92 South and go straight at the traffic light. After four miles, veer left on to Rt. 307 South. After four miles, and when nearing the end of Lake Winola, turn right into the Winola Plaza near the sign for Community Bank. The pharmacy is in the Winola Plaza.

From Winola Pharmacy East to Clarks Summit and Scranton and Rt. 81: Turn right out of the Winola Plaza parking lot onto Rt. 307 South towards Mill City and Clarks Summit. One-half mile after passing the Clarks Summit State Mental Hospital, you'll veer right to stay on 307 (Morgan Highway) to go to Keyser Avenue and Scranton; or you can stay straight to go onto Winola Road into downtown Clarks Summit. If you take 307/Morgan Highway, you'll come to a "T" at Keyser Avenue. For downtown Scranton, turn left onto Keyser Avenue and then take the ramp to the right. For Rt. 81 and Carbondale, turn left onto Keyser Avenue but stay in the left lane so you can turn left onto Rt. 11. This takes you to Rt. 6 and Rt. 81.

From Winola Pharmacy South to Pittston and Wilkes-Barre and 81/Turnpike: Turn right out of the Winola Plaza parking lot onto Rt. 307 South. You'll drive past the Pump 'N Pantry and Winola Fire Dept. and after just one-half mile you'll come to a four-way intersection. Turn right there onto Post Hill Road. Continue 3.3 miles on this paved road, staying straight at the Stop sign at the top of the hill. The road then comes down off Post Hill onto Rt. 92. Turn left onto Rt. 92 South. You'll cross the Falls bridge and eventually enter West Pittston. Continue straight on Rt. 92 (Exeter Avenue) through West Pittston, then turn left to cross the concrete river bridge into Pittston. Stay right at the end of the bridge to merge onto River Road. For Rt. 81/Turnpike, turn left at the first traffic light onto Williams Street (Rt. 11). You'll climb up hill through Pittson and come to a traffic light at the end of Williams street. Turn right at the light onto the four-lane bypass. After one mile you'll turn left at the next traffic light onto Oak street. Oak street will bring you to Rt. 315. Turn right onto 315 to go to Plains, the Wyoming Valley Mall, or to get on 81 South. To go to the PA Turnpike, Rt. 81 North, and the Wilkes-Barre/Scranton Airport you'll turn left onto Rt. 315.